



*Green Sangha Presents:*  
**Mindful Activism  
& Communication**

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**Sunday, July 29 ,2012  
2pm - 5pm**

You may be writing letters to Congress and the EPA, organizing an action group, setting up a green committee at your work place, or leading a large organization. This workshop is open to all and geared towards those wanting to build skills for more effective advocacy such as delivering public comment, and writing op eds and effective letters. Eco-activists, neighborhood organizers, and **everyone wanting to improve communication skills are encouraged to attend.**

**This workshop will give you practical tools such as:**

Effective presentation

Five parts to a two-minute speech to inform and inspire

The Magic Formula for getting action

Leading by listening

Presented by Stuart Moody and Green Sangha. Green Sangha is a local, grassroots group dedicated to restoring our sense of oneness - healing the earth and our communities through mindful practice and awakened action. For more info visit [www.greensangha.org](http://www.greensangha.org)

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**Cost:** \$10-\$20 Sliding scale donation requested.

No one turned away for lack of funds.

**Location:** 2530 San Pablo Avenue  
(near Dwight Way), Berkeley, CA 94702

Wheelchair Accessible · [www.ecologycenter.org](http://www.ecologycenter.org) ·

**Info:** 510-548-2220 x239, [register@ecologycenter.org](mailto:register@ecologycenter.org)



GREEN SANGHA



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